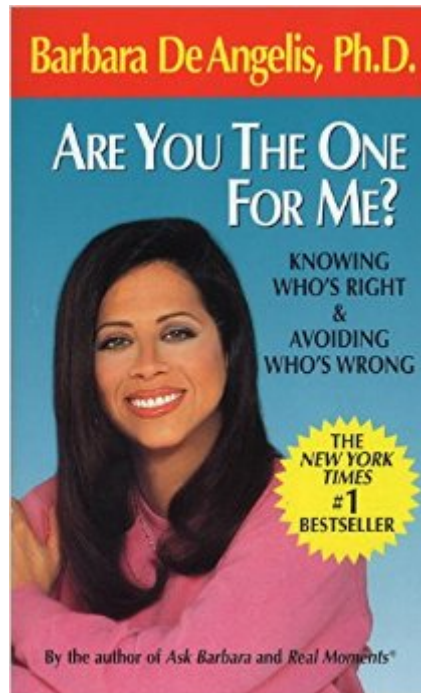


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# Are You The One For Me?: Knowing Who's Right And Avoiding Who's Wrong



## Synopsis

Finally--the book you've been waiting for to help you find and keep the right partner and make love last. Best-selling author and renowned relationship expert Barbara De Angelis reveals everything you need to know about compatibility and shows you how to create the fulfilling relationship you deserve whether you are Married, and wondering if you could be happier. Single, and wondering how to avoid another wrong partner. In love, and wondering whether your partner is the right one for you. with powerful advice and groundbreaking techniques that have helped thousands of people transform their lives, Dr. De Angelis will show you the formula for creating love that lasts, and help you to understand yourself and the one you love as you never have before. Discover: How to avoid making the biggest mistakes in love. The six essential qualities to look for in a mate. How to spot fatal flaws in a partner. How to create the sexual chemistry you want. The compatibility formula to make your relationship work.

## Book Information

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## Customer Reviews

This book is a wonderful exercise in learning about yourself and why you choose the partners you choose. After my last unsatisfying two-year relationship fizzled, I took the responsibility to figure out what I was doing to attract all the wrong men (i.e., giving so much for so little return). Initially, after the break-up I spent a year dating without a "guide" thinking I just needed to meet the right one -- but how are you supposed to meet the right one when you don't know who the right one is? Just wanting someone faithful and honest is not enough to guide you. During that time, I found Dr. De Angelis' book and started doing the the different exercises. By the time I read the book and did the

exercises, I more or less had a list of traits I NEEDED in a man (things I wasn't willing to compromise on). It was a painful process to realize the man I thought I loved before was so fundamentally wrong for me. I wanted to try and read into his bad behavior that he really care and that Dr. De Angelis was a multi-divorced individual who couldn't possibly be a role-model-and-what-did-she-know-anyway?? I made excuses so I could justify to myself to stay in this bad relationship. Well, fast forward nine years: I have been with the same man continuously for almost eight years and have been married for nearly three years. By the time I met my husband I knew exactly what I was looking for, and lo and behold if he didn't hit every single mark on the list. This isn't to say we didn't have problems, because we certainly have, but I entered into this relationship knowing that I had someone willing to work as hard as I was to make our relationship work.

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